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Local Preschool Builds Confidence to Prevent Bullying The Goddard School located in St. Charles shares the power of playful learning with community

St. Charles, IL (Grassroots Newswire) January 17, 2012 - Throughout 2011, bullying has been on the rise at all levels of education. In an effort to combat this growing problem, the nation's leading preschool, The Goddard School, is reaching out with a renewed vigor to help families discover the benefits of playful learning in early childhood education and how it can help prevent bullying. With their proprietary FLEX™ Learning Program, designed to build children's self-confidence through play, The Goddard School hopes to break the cycle of bullying and halt a national trend.

According to Dr. Kyle Pruett, child psychiatrist, published author and advisor to The Goddard School, the success and enjoyment that preschool children experience through playful learning contributes to the development of self-confidence. Confidence, along with strong parenting and learning to interact in a social group, are important factors in helping children manage bullying.

"Confidence comes from competence, and there's no better way for a child to discover competence than through play-based learning," said Pruett. "When children learn through play, they become independent thinkers capable of solving problems themselves instead of seeking help from parents or teachers. That's a huge self-confidence booster."

"The children in our school are the leaders of tomorrow," added Anisa Ali, owner of The Goddard School located in St. Charles. "Our teachers nurture each child's self-confidence and foster their lifelong love of learning by incorporating teacher-planned and child-directed learning activities into each day. When children enjoy learning, they gain not only knowledge of the task or concept but a sense of personal accomplishment that prepares them for a successful journey through life."

"Our school is joining Goddard Schools across the nation by hosting the Goddard Community Games on February 11, and all of the families in our community are invited," added Ali. "We'll have a variety of activities for children and their parents, and we'll focus on learning about playing well with others and accepting each other's differences."

To learn more about the Goddard Community Games and The Goddard School located in St. Charles, parents are encouraged to drop in for a tour or call Anisa Ali directly to arrange a personal appointment at 630-513-0100 or visit online at www.goddardschool.com/games.

About Goddard Systems, Inc. www.goddardschool.com Recently named #1 Childcare Franchise in the United States, by Entrepreneur magazine, for the eleventh

consecutive year (January 2012) and one of the Top 200 Franchise Systems (in worldwide sales), by Franchise Times, for the fifth consecutive year (October 2011); Goddard Systems, Inc. (GSI) is expanding The Goddard School network throughout the United States. Headquartered in King of Prussia, Pennsylvania, GSI currently licenses 380+ franchised schools with more than 45,000 students in 35 states. With a successful system in place and dedicated franchisees, GSI is the acknowledged leader in franchised childcare and a premier childcare provider in the United States.

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