



Northwestern Medicine Delnor Hospital



Northwestern Medicine Delnor Hospital: Addressing the Obesity Epidemic

The risk factors for obesity are complex and the impact on health can be devastating. [The Northwestern Medicine Metabolic Health and Surgical Weight Loss Center at Delnor Hospital](#) offers services to treat obesity and prevent health complications related to excess weight.

The new center offers medical weight management, nutrition and diet planning, individualized exercise programs, health psychology, diabetes education, and bariatric surgery. The 7,500-square foot clinic, located near the main entrance of the hospital, features a demonstration kitchen, community conference space, six exam rooms, a treatment room, consultation rooms and physician offices.

“Every weight loss journey is unique. Our goal is to provide the individualized care plan and resources for long-term success,” said Matthew Pittman, MD, medical director.

The new center is just one example of Northwestern Medicine Delnor Hospital’s commitment to provide a better health care experience, every single day, closer to where patients live and work.

Delnor Hospital is one of only two general hospitals in Illinois to be recognized by [The Leapfrog Group](#) with its [2018 Top Hospital Award](#). The [Centers for Medicare & Medicaid Services](#) awarded Delnor Hospital a 5-Star Overall Hospital Quality rating, ranking it among the top 9 percent of all hospitals in the nation. In addition, Delnor Hospital joins an elite group of hospitals in earning [Magnet® designation](#) for the fourth time. Magnet recognition is the gold standard for nursing and the highest honor given by the American Nurses Credentialing Center.

For more information, visit nm.org/delnor.